



CANNON HILL CATHOLIC PARISH

Under the pastoral care of the Missionary Oblates of Mary Immaculate



A weekly lantern of grace guiding our parish through the days ahead.

FIFTH SUNDAY IN ORDINARY TIME, YEAR A

8TH FEBRUARY 2026

Following upon the teaching of the Beatitudes, Jesus uses the now familiar metaphors of salt and light to describe the life of discipleship. We take salt and light for granted in our society, but these commodities were more precious in ancient cultures. Just as now, salt was used in Jesus' time for flavoring, as a preservative, and as a healing agent. Similarly, the widespread use of electricity in the modern world makes us less aware of the value and importance of light in our lives.

Still, our familiarity with this passage from Matthew's Gospel speaks well to the abiding power of the imagery that Jesus presented. Jesus' call to be salt for the earth and light for the world powerfully states our mission as Church and as Christians. Our commitment to social justice flows from the exhortation that Jesus gives us in today's Gospel. Some of the activities that this commitment leads us to are given more concrete expression as the Corporal and Spiritual Works of Mercy. When we feed the hungry, clothe the naked, console those who mourn, and so on, we show ourselves to be the salt of the earth and the light of the world. When we do these things with the community of faith, the Church, we are indeed acting as "a city set on a mountain" that cannot be hidden!

Source: Loyola Press



"Sermon on the Mount" by Carl Bloch, 1877

Public domain, via Wikimedia Commons
oil on copper, Museum of National History at Frederiksborg Castle
Current location: Dansk: Bedestolen
See art reflection here: <https://tinyurl.com/yc85hd8h>

Jesus teaches that his disciples are to be the salt of the earth and the light of the world.

SAINT OF THE WEEK

Saint Josephine Bakhita - 8th February (Feast)

Saint Josephine Bakhita was born in Sudan in the 19th century and endured great suffering after being kidnapped and sold into slavery as a child. Through remarkable resilience and faith, she eventually found freedom and came to know Christ while living in Italy, where she became a Canossian Sister. Known for her deep humility, gentleness, and forgiveness, she often spoke of God's love even towards those who had harmed her. Canonised in 2000, Saint Josephine Bakhita is a powerful witness to hope, dignity, and the transforming power of faith in the face of injustice. She is the patron saint of victims of human trafficking, modern slavery, and exploitation.

See *The Catholic Leader* article here: <https://tinyurl.com/ym9db99s>



NEXT WEEK'S READINGS - 6TH SUNDAY IN ORD TIME

First Reading - Sirach 15:15-20

He never commanded anyone to be godless.

Responsorial Psalm - 118

R. Happy are they who follow the law of the Lord!

Second Reading - 1 Corinthians 2:6-10

God in his wisdom predestined our glory before the ages began.

Gospel Reading - Matthew 5:17-37

Such was said to your ancestors; but I am speaking to you.

Mass Intentions

Week beginning 8th February - 9 am

- 10/02 Tuesday: Eagle Vale
- 11/02 Wednesday: Oblate Families
- 13/02 Thursday: Sick and Elderly OMIs
- 13/02 Friday: Sorrento/Drom./Rosebud

Weekend Masses offered for the intentions of all in the Parish

MASSES & MEETINGS

Cannon Hill - St Oliver Plunkett Catholic Church:

Tuesday, Wednesday and Friday - 9:00am

Saturday - 6:00pm; Sunday - 9:30am

Tingalpa - Holy Family Catholic Church:

Thursday - 9:00am; Sunday - 8:00am

Reconciliation: Saturday, 5:00pm - 5:30pm - St Oliver Plunkett Church

Prayer Intentions Prayer Group: Every Friday at 9.30am - St Oliver Plunkett Church (exc. during Lent).

Eucharistic Adoration: 1st Friday of the month following 9:00am Mass at St Oliver Plunkett Church (except during Lent).

Baptisms: 2nd & 4th Sundays of the month held after the 9:30am Mass at St Oliver Plunkett Church. (*Welcoming Mass combined with the Baptism Mass.*)

Little Lanterns Liturgy: 1st Sunday of the month (except January) during the 9:30am Mass at St Oliver Plunkett Church. All primary school-aged children are welcome to attend.

Hospitality - Parish Morning Tea: 1st Sunday of the month following Mass at both Churches; Every Wednesday after 9:00am Mass in the Parish Hall.

THIS WEEKEND

07 FEB - SAT: Registration for Confirmation open.

08 FEB - SUN: Baptisms, Feast of St Josephine Bakhita.

COMING UP...

10 FEB - TUE: St Scholastica, virgin (MEM).

11 FEB - WED: Our Lady of Lourdes (OM).

14 FEB - SAT: St Valentine, priest and martyr; St Cyril, monk; St Methodius, bishop (MEM).

15 FEB - SUN: School Sponsored Mass, SOP, 9.30am

17 FEB - TUE: 200th Anniversary of the **Approval of Rule 1826** by the Missionary Oblates of Mary

Immaculate; Shrove Tuesday morning tea, SOP, 9.30am

18 FEB - WED: **ASH WEDNESDAY**, 9am HF, 6pm SOP

21 FEB - SAT: Rite of Election (RCIA Candidates).

22 FEB - SUN: First Sunday of Lent, , Baptisms.

23 FEB - MON: St Polycarp (MEM).

REGULAR MEETINGS

MON: Cannon Hill St Vincent de Paul Conference

Fortnightly at 6:15pm

Next meeting: **Monday, 16th February**

Contact: Paul 0418 750 367

TUE: Parish Leadership Team

Fortnightly at 6:00pm

Next Meeting: **Tuesday, 17th February**

WED: Parish Liturgy Meeting

Monthly at 4:30pm

Next Meeting: **Wednesday, 11th February**

THU: Parish Finance Council Meeting

Bi-monthly at 4:30pm

Next Meeting: **Thursday, 12th February**

Plate Collections - 1st February 2026

1st Collection (Oblates): **\$548.85** | 2nd Collection (Parish): **\$392.75**

Thank you for your ongoing support.

THIS WEEK'S GOSPEL - MATT 5:13-16

You are the light of the world.

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

THIS WEEK'S READINGS

First Reading - Isaiah 58:7-10

Your light will shine like the dawn.

Responsorial Psalm - 111:4-9

R. A light rises in the darkness for the upright.

Second Reading - 1 Corinthians 2:1-5

I came to you to proclaim Christ crucified.

Gospel Acclamation - Matthew 5:12

Alleluia, alleluia!

I am the light of the world, says the Lord; the man who follows me will have the light of life.

Alleluia!

Gospel Reading - Matthew 5:13-16

You are the light of the world.



"The Beatitudes become for us a measure of happiness, leading us to ask whether we consider it an achievement to be bought or a gift to be shared; whether we place it in objects that are consumed or in relationships that accompany us."

Pope Leo XIV, Feb 2026

Prayer Requests

Do you have a prayer request? Share via the Flocknote link or place in the Prayer Request box in the foyer.

Our our parish community will keep your intentions in our prayers. <https://tinyurl.com/CH-prayer>



JOIN US FOR MORNING TEA

**on 17th February
for Shrove Tuesday**

at St Oliver Plunkett Church - after 9am mass

Come & enjoy pancakes made for you by Norma.

NB. there will be no morning tea on Wednesday, 18th Feb.



Let's keep in touch in 2026

If you have not already done so, please register in Flocknote to connect with the parish and receive important updates. Your information is kept secure and private.

www.cannonhillparish.flocknote.com/register



PARISH NEWS AND NOTICES

PLEASE REMEMBER IN YOUR PRAYERS

OUR SICK

Please contact the Parish Office if you or someone you know is sick and would appreciate a home visit. **We pray for those in the community who are sick. May the healing spirit of Christ bring them comfort and hope.**

Margaret Kykkanen, Lameki Eketi, Damon Stokes; Eli Jorna, Marina Gilbert, Edgar Tan, Vincy Law Tan, Sam Swann, Athol Young, Ken Dreger, Karen Marrinan, Carol-Ann Marrinan, Jeanette Hill, Lucia Giaccio, Rob Connolly, Ashley Anthony, Daniel Normyle, Lani Clow, Carol Flannigan, Catherine, Elizabeth and Monika, Harry Lynas, Michael Simpson, John la Spina, Von Leeman, Imelda Khoo, Lorretta Stephenson, Brian Crimmins, Angela White, Mary Stevenson, Veronica Roberts, Melisa Duffy.

ANNIVERSARIES

Ben Romano

Names will remain on Our Sick list until advised otherwise. Please submit any items for the newsletter, including sick, recently deceased and anniversaries, by Thursday morning at the latest (preferably via email). Thank you.



BAPTISMS

We are delighted to welcome **Seth O'Brien, Oliver Brady and Zoey Griffin** as their baptisms are celebrated in our parish this Sunday. *May God's peace, joy, and protection be with them and their families on this joyous occasion and throughout their lives.*

ASH WEDNESDAY - 18TH FEBRUARY

There will be two Ash Wednesday services at Cannon Hill Parish:

9am Mass at Holy Family Church & 6pm Mass at St Oliver Plunkett Church

We are collecting blessed palms left over from last year's Palm Sunday services over the coming weeks. Please place them in the basket in the church foyer. These palms will be burnt to create the ash used during the Ash Wednesday service.

NB: There will be no 9am Mass at St Oliver Plunkett.

• **SACRAMENTAL PROGRAMME:** The **Sacrament of Confirmation** registrations are now open. The Sacrament will be offered to children in Year 3 (and above) in 2026. The Celebration will be held at **5.30pm on Friday, 29th May 2026** at St Oliver Plunkett Church, Cannon Hill. Candidates must be Baptised and should be at least 8 years old at the time of their Confirmation. Fee is \$50. Registrations will close on Sunday 8th March.

For more info go to: <https://cannonhillparish.org.au/confirmation>

• **WITH THANKS: St Vincent de Paul Conference in Cannon Hill** sincerely thanks the parishioners of St Oliver Plunkett Church and the Church of the Holy Family for their generous support of the 2025 Christmas Appeal. Thanks to your kindness, a total of **\$1,568.00** was raised. These funds provided much-needed assistance to families in our local community during the Christmas period.

• **VOLUNTEERS NEEDED: St Vincent de Paul Conference in Cannon Hill** is in urgent need of volunteers. This group has been supporting our community since 1932, and we would like to see this vital ministry continue. If you are able to help, please speak with Paul (Tingalpa), Gwen, Kryss or Wendy (Cannon Hill), or call Paul on 0418 750 367.

• **CONNECT DINNER:** the next **Connect Dinner** will be held on Thursday, 12th February at 6pm in the parish hall. Please bring a plate to share and join in on the interesting discussions. All are welcome!

• **SCHOOL SPONSORED MASS** will be held next Sunday, 15th February. Please join us for this special Mass for children and families.

• **BOOK DONATION:** One of our generous parishioners has kindly donated a selection of books and pictures and would like to see them find a new home. Please take a moment to browse the collection in the foyer at St Oliver Plunkett, and feel free to take anything you would like.

CANNON HILL CATHOLIC PARISH



OMI
The Missionary Oblates
of Mary Immaculate



OFFICE HOURS

Tuesday - Friday: 9.00am - 2.30pm

ADDRESS

St Oliver Plunkett Church & Parish Centre

21 Beauvardia St, Cannon Hill Q 4170

Church of the Holy Family

41 Belmont Rd, Tingalpa Q 4173
(enter via 56 Palgrave St)

CONTACT

Phone: (07) 3853 7490

Mobile: 0493 096 073 (after hours)

WhatsApp: 0493 096 073

EMAIL

cannonhill@bne.catholic.net.au

WEBSITE

www.cannonhillparish.org.au

FACEBOOK

Cannon Hill Catholic Parish

PARISH TEAM

Parish Priest: Fr Vasanthan Anthonipillai
OMI pp.cannonhill@bne.catholic.net.au

Parish Secretary: Norma Martiri
cannonhill@bne.catholic.net.au

Administration Support: Ronda Vorrasi
sc.cannonhill@bne.catholic.net.au

Local Safeguarding Rep: Ronda Vorrasi
Mobile: 0494 166 815

Parish Leadership Team:

Sachin Rasquinha, Ronda Vorrasi, Guy Elliot, Aaron Tippetts, Michael Hill



MISSIONARY
OBLATES
of MARY IMMACULATE

From the moment the Oblates arrived in Fremantle in 1894, they have dedicated themselves to the mission of the Church in Australia. They dedicate themselves to serving the poor in parishes, schools, prisons, among the youth and with those on the streets. The Oblates preach Christ to the poor and the most abandoned and have served them in Australia for more than 100 years.

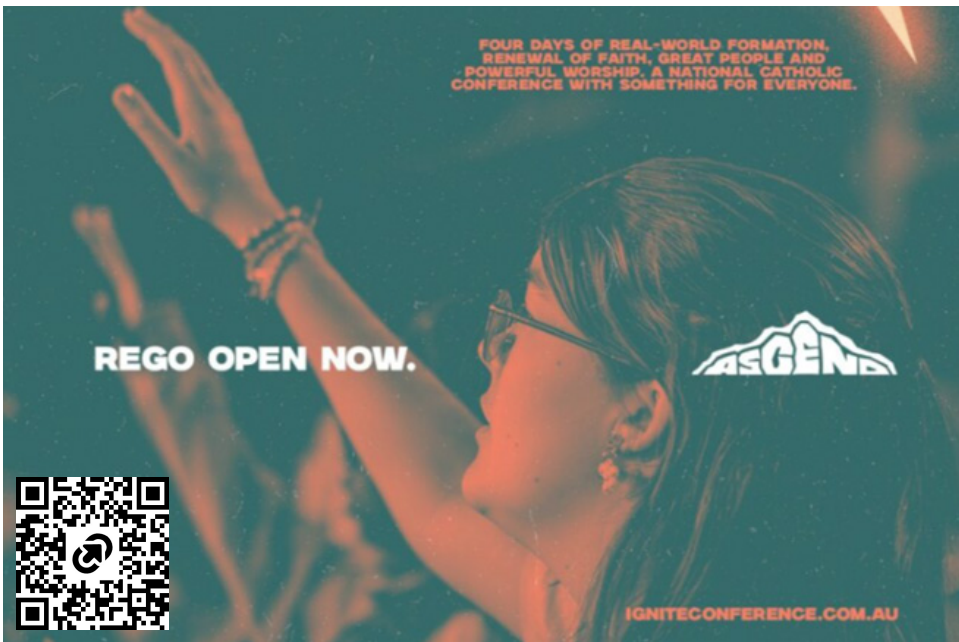
To learn more go to www.omi.com.au

DONATIONS AND CONTRIBUTIONS WELCOME

Thank you for your generous support, which impacts the lives of those we serve. Your donations directly foster the growth and prosperity of our community and sustain our ministries. Donations can be made via the EFTPOS terminal at the church entrance (split between 1st and 2nd collections) or through our secure online direct debit system (call the Parish Office to organise). Please consider including our *Perpetual Endowment Fund* in your Will to help continue our mission for future generations. For more Bequest info, contact the Catholic Foundation on 3324 3200 or call the Parish Office. Donate using the QR Code or go to <https://tinyurl.com/parish-donate>



OTHER NEWS AND EVENTS



EARLY BIRD NOW OPEN!

Are you ready for the event of the year?

Tickets for Ignite Conference 2026 are now available!

Grab your tickets for an **amazing 4 days** of live worship with Emmanuel Worship, Sacraments, speakers, workshops and so much more!

Ignite Conference is **for everyone**, from leaders to first-time attendees. This is the Church gathered and alive on mission.

<https://igniteconference.com.au/>



COMING SOON!!!

Project Compassion

Donation Envelopes: How do I use them?

This Lent, like we did in 2025, there is a single Project Compassion donation envelope – rather than the six weekly envelopes used in previous years. This change was made to reduce waste and support our shared commitment to caring for our common home.

You can still give weekly by taking several envelopes at once or simply make your offering when you're ready. Thank you for *Uniting Against Poverty* with us this Lent.



Catholic Quiz

In February 313, who issued the Edict of Milan, establishing religious toleration for Christianity within the Roman Empire.

- A. Augustus.
- B. Charlemagne.
- C. Constantine.
- D. Nero.

Answer: C. Constantine

MEDIA SPOTLIGHT

<https://tinyurl.com/CP-IMAGINE>

JOHN MICHAEL FINLEY MILO VENTIMIGLIA SOPHIE SKELTON SAMMY DELL TRACE ADKINS DENNIS QUaid

BASED ON THE INCREDIBLE TRUE STORY

I CAN ONLY IMAGINE 2

Some stories deserve an encore.



IN CINEMAS MARCH 5



FAITHMEDIA.COM.AU



Gather your church or school group and see I Can Only Imagine 2 in the CINEMAS!

ROSIES
Friends on the Street



Rosies - Friends on the Street

Rosies provides street outreach for the homeless, disadvantaged and isolated. Your support ensures that Rosies can continue helping people who are doing it tough. Please help by filling the red bin in the foyer at St Oliver Plunkett Church (see lid for items needed). Thank you for your support!

Volunteers needed.

Find out more here: <https://rosies.org.au/>